

Trichomoniasis Facts

Often called “Trich”, trichomoniasis is caused by a protozoan parasite. Men are less likely than women to exhibit symptoms.

Possible Signs and Symptoms

- *Most men have no symptoms*
- Symptoms in women usually appear between 5 and 28 days of exposure
- Yellow-green discharge with strong odor
- Discomfort during urination
- Uncomfortable intercourse
- Irritation or itching around genitals
- Lower abdominal pain (rare)

Transmission

- Oral, anal, or vaginal sex

Prevention

- Abstain from oral, anal, and vaginal sex
- Consistent, correct use of latex or polyurethane condoms or barriers during oral, anal, or vaginal sex
- If a partner is infected (or infection is suspected), avoid sexual contact until partner's treatment is completed
- Ensure appropriate treatment of an infected partner

Treatment

- Examination and tests by a health care provider to diagnose and determine best course of treatment
- Treatment includes medication prescribed by a doctor, usually a single oral dose
- Follow-up examination can help ensure that treatment has been successful

Complications/Effects if Left Untreated

- Increased risk for HIV infection
- Increased risk of passing HIV to a partner if you are HIV+

If You are Infected . . .

- Refrain from sexual contact (oral, anal, or vaginal sex) if you have symptoms
- Seek medical attention, including STD tests
- Take all medication prescribed and as directed
- Make sure all your recent sex partners are notified of their exposure to trichomoniasis
- Refrain from any sexual activity with others until your treatment has been completed

For more information about STDs or about testing and treatment in New Jersey, please call the HIV/STD hotline or visit our web site:

1-800-624-2377

<http://www.nj.gov/health/cd/stdhome.htm>

